

Pandemic Journal

You are now a historian. Starting today, keep a handwritten journal. Each day, detail what you see in the news, how the world, how our nation, how your friends, neighbors, and family are responding to this pandemic.

Each entry should be at least half a page. Use your other talents as you see fit (drawing, poetry, etc).

By creating this journal you are creating a primary source that can be used by people in the future to learn about our lives during this crisis from your unique perspective. Be authentic, honest, and reflective.

Guiding Questions: You can write anything you like about your experiences. The following are a list of potential things you can respond to:

1. What did the government announce/declare/implement today?
 - a. Does it make sense?
 - b. Does it impact your life? Why or why not?
 - c. How did your family respond?
2. What is open in your neighbourhood? What is closed?
3. What does your neighbourhood look like? Are people walking around?
4. How is today different from yesterday for you, our family, our nation, the world?
5. Do you see any examples of racism, privilege, and income inequality in any of the events that happened today? (locally, at the provincial, national level or the world)
6. Did you see anything today that gave you hope? Anxiety? Fear?
 - a. In person, on social media, or in the news?
7. What does your family need today that you might not have, have enough of, or have no access to get?